

# WOB WORLD OF BEER BAR & KITCHEN Nutritional Information

Shareables	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black and Tan Onion Rings (1 serving)	621	298	32	6	0	8	1441	73	4	15	4	151	7	0	1
Chips and Salsa (1 serving)	687	251	28	4	0	0	756	99	8	7	10	1129	21	25	1
Colorado Chili, Cup (1 serving)	161	63	7	2	0	30	632	12	3	2	13	845	11	29	2
German Pretzel (1 serving)	942	87	10	1	0	0	19796	190	10	10	20	33	0	2	0
German Pretzel (1 serving) with WOB Beer Cheese	1100	192	21	8	0	29	20388	196	10	14	26	525	1	189	0
German Pretzel (1 serving) with WOB House Made Mustard	1087	139	15	1	0	0	21377	208	13	24	25	65	0	34	1
Loaded Nachos (1 serving)	1361	639	71	27	0	112	2136	142	9	10	31	2295	24	535	1
Loaded Nachos (1 serving) with Colorado Chili	1522	702	78	30	0	142	2768	154	12	12	44	3140	34	564	3
Loaded Nachos (1 serving) with Nacho Chicken	1542	659	73	28	0	194	3258	145	9	10	64	2375	27	554	2
Mac and Cheese Bites (1 serving)	771	596	66	18	0	164	1310	31	1	3	9	815	6	131	1
Southern Fried Pickles (1 serving)	833	409	45	8	0	187	2649	91	8	15	14	1393	105	665	3
Tavern Taters (1 serving)	1049	530	59	19	0	63	2674	103	10	7	21	997	25	273	2
Tuscan Hummus (1 serving)	770	482	54	8	0	1	808	55	7	7	12	523	11	72	3
Salads & Soup	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Caesar Salad (1 serving)	526	381	42	10	0	55	2024	25	4	3	10	8605	38	232	2
Caesar Salad (1 serving) with Grilled Chicken Breast	686	400	44	10	0	137	2326	25	4	3	43	8636	39	249	3
Caesar Salad (1 serving) with Grilled Flat Iron Steak	905	685	76	20	0	126	2689	26	4	3	27	8608	38	245	4
Caesar Salad (1 serving) with IPA Glazed Salmon	727	479	53	12	0	113	2437	30	4	7	30	8656	42	247	2
Colorado Chili with Fixings (1 serving)	472	203	23	9	0	95	1596	32	7	7	34	2379	28	98	5
House Salad (1 serving)	507	316	35	3	0	0	873	39	8	19	6	17823	31	120	3
House Salad (1 serving) with Grilled Chicken Breast	666	335	37	3	0	82	1176	39	8	19	39	17855	33	136	4
House Salad (1 serving) with Grilled Flat Iron Steak	886	620	69	13	0	72	1538	39	8	19	23	17827	31	132	5
House Salad (1 serving) with IPA Glazed Salmon	708	414	48	5	0	69	1287	43	8	23	26	17855	35	134	3
Spring Greens and Kale Salad (1 serving)	459	218	24	6	0	20	529	43	7	32	10	12591	124	192	6
Spring Greens and Kale Salad (1 serving) with Grilled Chicken Breast	619	237	26	7	0	103	831	49	7	32	43	12622	126	208	7
Spring Greens and Kale Salad (1 serving) with Grilled Flat Iron Steak	838	522	58	16	0	92	1194	49	7	32	27	12595	124	204	8
Spring Greens and Kale Salad (1 serving) with IPA Glazed Salmon	660	316	35	8	0	79	942	54	7	36	30	12642	128	206	7
WOB Cobb Salad (1 serving)	1018	480	53	14	0	272	3580	84	11	43	50	4509	47	522	7
Burgers and Handhelds	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
BYO Burger (1 serving)	638	298	33	11	0	123	5331	41	1	10	42	358	3	73	4
BYO Burger (1 serving) with Cheese Choice Danish Blue Cheese	713	353	39	15	0	138	5616	42	1	10	46	583	3	185	4
BYO Burger (1 serving) with Cheese Choice Mild Cheddar Cheese	718	362	40	15	0	148	5466	41	1	10	47	558	3	223	4
BYO Burger (1 serving) with Cheese Choice Pepper Jack Cheese	718	353	39	15	0	148	5461	42	1	10	47	558	3	223	4
BYO Burger (1 serving) with Cheese Choice Swiss Cheese	718	353	39	15	0	143	5376	42	1	10	48	558	3	273	4
BYO Burger (1 serving) with Cheese Choice White American Cheese	713	353	39	15	0	142	5676	42	1	11	46	583	3	223	4
BYO Burger (1 serving) with Sauce Choice Chipotle BBQ	718	299	33	11	0	123	5811	60	1	26	43	458	5	113	4
BYO Burger (1 serving) with Sauce Choice Chipotle Mayo	793	449	50	14	0	146	5591	42	1	11	42	391	5	73	4
BYO Burger (1 serving) with Sauce Choice Garlic Aioli	839	497	55	18	0	153	5516	41	1	10	42	358	3	74	4
BYO Burger (1 serving) with Sauce Choice Sriracha Lime Aioli	795	449	50	14	0	146	5553	42	1	11	42	459	5	75	4
Buffalo Chicken Sandwich (1 serving)	829	287	32	11	0	213	3686	82	3	9	44	1680	5	215	3
French Dip Sandwich (1 serving)	1250	756	84	30	0	175	2376	71	4	9	53	600	6	486	4
Grilled Cheese Sandwich (1 serving)	509	241	27	12	0	54	1111	47	0	5	22	442	0	459	4
Grilled Cheese Sandwich (1 serving) with Ketchup	572	242	27	12	0	54	1591	62	1	17	22	682	4	467	4
Grilled Cheese Sandwich (1 serving) with Tater Tots	880	400	44	14	0	54	2734	93	5	5	26	442	9	459	5
Ancho Chipotle Chicken Sandwich (1 serving)	651	273	30	11	0	129	2939	41	1	9	50	1222	8	255	2
BBQ Bacon Burger (1 serving)	442	189	21	9	0	40	1429	48	1	16	17	1223	6	208	1
BBQ Bacon Burger (1 serving) with Black Bean Burger Patty	662	252	28	10	0	40	1989	70	9	18	34	1223	6	288	3
BBQ Bacon Burger (1 serving) with Burger Patty	855	443	49	18	0	163	6041	50	1	18	52	1223	6	240	4
Chimay Burger (1 serving)	509	275	31	13	0	192	1170	39	1	9	21	573	2	436	0
Chimay Burger (1 serving) with Black Bean Burger Patty	729	338	38	14	0	192	1730	61	9	11	38	573	2	516	2
Chimay Burger (1 serving) with Burger Patty	921	529	59	22	0	315	5783	41	1	10	56	573	2	468	4
Pesto Grilled Chicken Sandwich (1 serving)	914	340	38	17	0	143	2747	66	3	6	77	1495	8	908	2
Veggie and Hummus Wrap (1 serving)	1062	680	64	13	0	20	2155	89	8	18	25	2715	136	547	5
Veggie and Hummus Wrap (1 serving) with Grilled Chicken Breast	1222	598	66	14	0	103	2457	89	8	18	58	2747	137	563	6
Tacos	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Beef Barbacoa Street Tacos, 3 (1 serving)	618	261	29	8	0	59	1361	63	11	9	26	1436	35	329	6
Beer Battered Shrimp Tacos, 3 (1 serving)	994	547	61	13	0	166	2146	81	11	7	27	1241	29	360	7
Crispy Beer Battered Chicken Street Tacos, 3 (1 serving)	891	314	35	8	0	88	2967	91	12	7	45	1390	30	381	6
Mahi Tacos, 2 Piece (1 serving)	528	290	32	7	0	91	1584	37	5	6	22	3862	53	249	5
Mahi Tacos, 3 Piece (1 serving)	767	414	46	10	0	137	2357	55	7	8	32	5734	76	371	7
Flatbreads	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black and Blue Flatbread (1 serving)	1042	577	64	18	0	91	1829	81	4	12	36	753	3	504	1
Chipotle BBQ Chicken (1 serving)	814	265	29	10	0	72	1892	94	4	24	44	1118	58	324	1
Margherita Flatbread (1 serving)	766	351	39	10	0	22	1260	81	4	12	25	1292	10	359	1
Sliders	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Black and Tan Sliders (1 serving)	509	231	26	8	0	61	1879	47	1	8	21	279	4	110	4
Chimay Sliders (1 serving)	603	343	38	14	0	162	2001	37	1	6	27	336	2	313	4
Crispy Beer Battered Chicken Sliders (1 serving)	478	110	12	3	0	55	1995	58	1	5	28	353	4	138	3
Crispy Chicken Sliders (1 serving)	478	123	14	3	0	57	2030	56	1	5	28	362	4	136	3
Jalapeno Sliders (1 serving)	506	238	26	8	0	68	1949	45	1	7	21	434	9	132	4
Entrees	Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (iu)	Vit C (mg)	Calcium (mg)	Iron (mg)
Baby Back Ribs, Full Rack (1 serving)	1241	534	59	21	0	161	3406	115	5	55	67	2529	31	372	4
Baby Back Ribs, Half Rack (1 serving)	888	322	36	11	0	80	2822	108	5	52	38	1414	23	246	3
Bi Bim Bop Bowl (1 serving)	781	302	34	12	0	294	1383	76	3	25	32	3136	9	80	4
Call Bowl (1 serving)	507	214	24	4	0	23	1007	65	5	14	7	5168	16	36	1
Call Bowl (1 serving) with Beer Battered Shrimp	747	325	36	7	0	123	1837	83	5	14	20	5168	16	76	3
Call Bowl (1 serving) with Blackened Ahi Tuna	657	250	28	5	0	74	1650	67	6	14	34	5611	18	73	3
Call Bowl (1 serving) with Blackened Steak	841	458	51	14	0	104	1684	67	6	14	27	5543	17	67	4
Fried Shrimp Entree (1 serving)	862	174	19	3	0	137	3051	146	10	50	25	707	28	319	0
Fish and Tots (1 serving)	1177	840	71	12	0	167	2657	77	8	6	49	3201	66	142	2
IPA Salmon (1 serving)	636	302	34	9	0	140	1490	33	2	10	44	541	30	91	2
Park Schmittel (1 serving)	1257	617	69	18	0	409	4071	91	6	8	58	11890	116	238	8
Ribeye (1 serving)	1433	835	93	39											

A La Carte / Sides		Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Apple and Kale Coleslaw (1 serving)		142	109	12	2	0	16	173	7	1	4	1	2473	36	36	0
Applewood Smoked Bacon (1 serving)		100	81	9	4	0	15	340	0	0	0	5	0	0	0	0
Breakfast Potatoes (1 serving)		270	97	11	0	0	0	1354	38	4	1	4	356	30	9	1
Candied Bacon (1 serving)		125	82	9	4	0	15	341	6	0	5	5	440	19	3	0
Sweet Potato Fries (1 serving)		280	96	11	1	0	0	472	44	5	12	2	5005	10	35	1
Homemade Biscuit (1 serving)		264	156	17	4	4	0	663	23	1	2	4	67	0	0	1
Jalapeno Cheddar Sausage (1 serving)		213	154	17	7	0	55	609	1	0	0	14	117	0	74	1
Mac and Cheese (1 serving)		593	387	43	25	0	161	1008	29	1	2	18	1478	1	484	1
Pancake (1 serving)		154	77	9	2	0	27	331	15	0	3	2	182	0	50	1
Pancake (1 serving) with Maple Bourbon Syrup		339	77	9	2	0	27	429	60	0	32	2	182	0	50	1
Seasonal Fruit Cup (1 serving)		99	3	0	0	0	0	2	23	2	17	1	78	61	23	1
Side Caesar Salad (1 serving)		263	191	21	5	0	27	1012	13	2	2	5	4302	19	117	1
Side House Salad (1 serving)		254	158	18	1	0	0	437	19	4	9	3	8912	16	60	1
Side Spring Greens and Kale Salad (1 serving)		220	109	12	3	0	10	264	22	3	14	5	6296	62	93	3
Tater Tots (1 serving)		370	159	18	2	0	0	1623	46	5	0	5	0	9	0	1
Tater Tots (1 serving) with Ketchup		433	159	18	2	0	0	2193	61	6	12	5	240	12	8	1
Steak Fries (1 serving)		264	78	9	1	0	0	1550	45	5	0	5	0	6	0	0
Brunch / Breakfast		Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Applewood Bacon Benedict (1 serving)		1114	677	76	28	4	513	3408	78	6	6	34	712	11	128	5
Avocado Toast (1 serving)		632	344	38	7	0	5	984	61	9	8	12	760	16	102	5
Avocado Toast (1 serving) with Bacon		732	425	47	10	0	20	1324	61	9	8	17	760	16	102	5
Avocado Toast (1 serving) with Eggs Any Style		796	449	50	10	0	429	1347	62	9	9	25	1261	16	155	7
Breakfast Flatbread (1 serving)		1295	698	78	26	0	684	1998	78	4	9	49	2080	57	587	4
Breakfast Sandwich (1 serving)		729	389	43	10	0	450	1670	56	5	7	8	1286	11	134	7
Breakfast Tacos, 3 (1 serving)		650	329	37	15	0	614	1286	43	4	2	35	1153	7	490	7
Brunch Burger (1 serving)		659	406	45	14	0	275	2191	40	1	10	23	817	5	222	2
Brunch Burger (1 serving) with Black Bean Burger Patty		879	469	52	15	0	275	2751	62	9	12	40	817	5	302	4
Brunch Burger (1 serving) with Burger Patty		1072	660	73	23	0	399	6804	42	1	11	58	817	5	254	5
Chicken and Waffle Sandwich (1 serving)		632	179	20	6	0	137	2427	73	2	13	31	656	3	195	3
Chicken and Waffle Sandwich (1 serving) with Ketchup		694	180	20	6	0	137	2907	87	3	25	32	895	6	203	3
Chicken and Waffle Sandwich (1 serving) with Maple Bourbon Syrup		818	179	20	6	0	137	2525	117	2	41	31	656	3	195	3
Chicken and Waffle Sandwich (1 serving) with Tater Tots		1003	338	38	9	0	137	4050	119	7	13	36	656	12	195	4
Hangover Skillet (1 serving)		974	568	63	22	0	666	2818	52	5	3	46	1222	18	392	5
Hangover Skillet (1 serving) with Butter		1010	604	67	25	0	677	2818	52	5	3	46	1222	18	392	5
Hangover Skillet (1 serving) with Texas Toast		1097	592	66	22	0	666	3018	74	5	5	49	1231	18	452	7
Huevos Rancheros (1 serving)		882	483	54	23	0	511	2414	53	10	3	42	1515	11	857	6
Huevos Rancheros (1 serving) with Ketchup		945	484	54	23	0	511	2893	68	10	15	43	1755	15	865	6
Huevos Rancheros (1 serving) with Tater Tots		1263	641	71	26	0	511	4037	100	14	3	47	1515	20	857	6
Steak and Egg Bowl (1 serving)		651	603	67	24	0	548	2189	47	7	6	39	1126	33	167	5
Sweet Cream Pancakes (1 serving)		1732	1209	134	15	0	140	1227	109	1	50	9	850	0	146	3
Sweet Cream Pancakes (1 serving) with Add Fruit Topping		1777	1210	134	15	0	140	1227	119	2	58	9	866	28	156	3
Sweet Cream Waffles (1 serving)		864	252	28	9	0	180	1603	125	2	52	12	867	0	194	4
WOBSTAR Breakfast (1 serving)		599	274	30	5	0	424	1779	57	4	5	20	857	26	74	5
WOBSTAR Breakfast (1 serving) with Bacon		749	395	44	11	0	447	2289	57	4	5	28	857	26	74	5
WOBSTAR Breakfast (1 serving) with Jalapeno Cheddar Sausage		812	427	47	12	0	479	2388	58	4	5	34	974	26	148	5
Warm Donut Bites (1 serving)		854	249	28	12	0	11	808	140	1	79	6	0	0	27	2
WOB Chicken Wings		Total Calories (kcal)	Fat Calories (kcal)	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
Boneless Wings (1 serving)		650	100	11	2	0	197	3694	45	3	1	83	540	6	65	4
Boneless Wings (1 serving) with Dressing Choice Blue Cheese		924	354	39	9	0	245	4085	46	3	2	86	731	6	142	4
Boneless Wings (1 serving) with Dressing Choice Ranch		928	367	41	7	0	239	4020	46	3	2	84	585	6	92	4
Boneless Wings (1 serving) with Seasoning Choice Dry Rub		678	103	11	2	0	197	4199	51	4	5	84	1288	37	74	4
Boneless Wings (1 serving) with Wing Sauce Choice Buffalo Hot		715	152	17	4	0	197	4563	46	4	2	83	1350	9	70	4
Boneless Wings (1 serving) with Wing Sauce Choice Buffalo Mild and Medium		776	210	23	6	0	197	4139	46	3	2	83	1382	7	67	4
Boneless Wings (1 serving) with Wing Sauce Choice Garlic Parmesan		846	259	29	8	0	205	3987	48	3	5	86	1376	7	160	4
Boneless Wings (1 serving) with Wing Sauce Choice Hot Honey BBQ		817	105	12	2	0	197	4391	83	4	35	85	749	9	108	5
Boneless Wings (1 serving) with Wing Sauce Choice Korean BBQ		843	169	19	3	0	197	4851	73	7	19	86	763	7	80	5
WOB Chicken Wings, 10 (1 serving)		906	587	65	16	0	251	2144	15	3	10	61	1331	28	80	4
WOB Chicken Wings, 10 (1 serving) with Dressing Choice Blue Cheese		1181	840	93	23	0	299	2535	16	3	11	64	1521	28	157	4
WOB Chicken Wings, 10 (1 serving) with Dressing Choice Ranch		1185	854	95	21	0	292	2470	16	3	11	62	1376	28	107	4
WOB Chicken Wings, 10 (1 serving) with Seasoning Choice Dry Rub		935	589	65	16	0	251	2649	21	4	13	62	2079	59	89	4
WOB Chicken Wings, 10 (1 serving) with Wing Sauce Choice Buffalo Hot		971	639	71	17	0	251	3013	17	3	11	61	2140	31	85	4
WOB Chicken Wings, 10 (1 serving) with Wing Sauce Choice Buffalo Mild and Medium		1032	696	77	20	0	251	2589	16	3	10	61	2173	29	82	4
WOB Chicken Wings, 10 (1 serving) with Wing Sauce Choice Garlic Parmesan		1102	745	83	22	0	259	2437	18	3	12	64	2167	29	175	4
WOB Chicken Wings, 10 (1 serving) with Wing Sauce Choice Hot Honey BBQ		1073	592	66	16	0	251	2841	53	3	44	63	1540	31	123	4
WOB Chicken Wings, 10 (1 serving) with Wing Sauce Choice Korean BBQ		1100	655	73	17	0	251	3301	43	6	27	64	1554	29	95	5
WOB Chicken Wings, 20 (1 serving)		1812	1173	130	31	0	502	4288	30	5	20	122	2662	56	160	8
WOB Chicken Wings, 20 (1 serving) with Dressing Choice Blue Cheese		2362	1680	187	46	0	598	5070	32	5	21	128	3043	56	313	8
WOB Chicken Wings, 20 (1 serving) with Dressing Choice Ranch		2370	1707	190	42	0	585	4941	33	5	21	124	2751	56	214	8
WOB Chicken Wings, 20 (1 serving) with Seasoning Choice Dry Rub		1870	1178	131	31	0	502	5299	41	7	27	123	4158	117	179	8
WOB Chicken Wings, 20 (1 serving) with Wing Sauce Choice Buffalo Hot		1877	1225	136	33	0	502	5157	31	6	20	122	3471	59	165	8
WOB Chicken Wings, 20 (1 serving) with Wing Sauce Choice Buffalo Mild and Medium		1938	1283	143	35	0	502	4733	31	5	20	122	3504	57	162	8
WOB Chicken Wings, 20 (1 serving) with Wing Sauce Choice Garlic Parmesan		2204	1490	166	44	0	518	4874	35	6	24	129	4333	58	350	8
WOB Chicken Wings, 20 (1 serving) with Wing Sauce Choice Hot Honey BBQ		2147	1183	131	31	0	502	5682	107	6	88	125	3079	62	247	9
WOB Chicken Wings, 20 (1 serving) with Wing Sauce Choice Korean BBQ		2200	1310	146	33	0	502	6602	86	13	55	129	3107	58	190	9
WOB Chicken Wings, 5 (1 serving)		455	293	33	8	0	126	1079	8	1	5	31	708	14	44	2
WOB Chicken Wings, 5 (1 serving) with Dressing Choice Blue Cheese		729	547	61	15	0	173	1470	9	1	6	34	899	14	121	2
WOB Chicken Wings, 5 (1 serving) with Dressing Choice Ranch		733	561	62	13	0	167	1406	9	2	6	31	753	14	71	2
WOB Chicken Wings, 5 (1 serving) with Seasoning Choice Dry Rub		469	295	33	8	0	126	1332	11	2	7	31	1082	30	48	2
WOB Chicken Wings, 5 (1 serving) with Wing Sauce Choice Buffalo Hot		487	319	35	9	0	126	1514	9	2	5	31	1113	16	46	2
WOB Chicken Wings, 5 (1 serving) with Wing Sauce Choice Buffalo Mild and Medium		518	348	39	10	0	126	1302	8	2	5	31	1129	15	45	2
WOB Chicken Wings, 5 (1 serving) with Wing Sauce Choice Garlic Parmesan		555	374	42	11	0	130	1232	9	2	6	32	1134	15	96	2
WOB Chicken Wings, 5 (1 serving) with Wing Sauce Choice Hot Honey BBQ		538	296	33	8	0	126	1428	27	2	22	31	812	16	65	2
WOB Chicken Wings, 5 (1 serving) with Wing Sauce Choice Korean BBQ		522	319	35	8	0	126	1450	17	3	11	32	784	15	50	2